

It's almost time to start recording those steps!
Walking Works begins April 17.
Registration is open until April 7.



Please start preparing and download the new Walking Works app for easy access on the go.

The Spring 2017 Team Challenge runs April 17 through May 28
Registration: March 27 through April 7

Register/login at www.walkingworks.com.

NEW PARTICIPANT REGISTRATION INSTRUCTIONS

1. To register for the walking program visit: <http://www.walkingworks.com/>
2. Select "Register Now!"
3. After completing the required information, select **Team Member** and **Virginia, Anthem Blue Cross and Blue Shield** as your Plan, **City of Newport News** as your group, and **Walking Works Spring 2017 Team Challenge** as the Program. You will need to obtain your **Team** from your Team Captain.
4. Start tracking your steps!

RETURNING PARTICIPANT REGISTRATION INSTRUCTIONS

1. To update your profile for the walking program visit: <http://www.walkingworks.com/>
2. Login with your email and password.
3. On the top right, click "Edit Profile"
4. Update your program to **Walking Works Spring 2017 Team Challenge**. You will need to obtain your **Team** from your Team Captain.
5. Start tracking your steps!

To sign up with a specific team, you must have the team number or name from your Team Captain when registering. If you don't have a team but still want to participate, email wellness@nnva.gov to be placed on a team.

***Don't forget that there are great prizes awarded throughout the program for participation as well as achievement AND participation prizes awarded at the end of the program. ***

Trail maps, participant's guides, mobile app instructions and Pedal to Health information along with other useful information can be found at:

www.nnva.gov/1557/Employee-Wellness-Programs