



# Benefits

Open Enrollment is November 1-30, 2020. Rates are for 2021

The City of Newport News is pleased to provide continued health, dental and vision insurances to our retirees who already have coverage. Reminder: Retirees may not enroll in health or dental coverage after retirement. Open Enrollment provides an opportunity to update your existing benefits.

- Optima Health will continue as the Pre-65 retiree's health plan carrier for 2021 offering POS 750, POS 1500, and HDHP medical plans.
- Humana will continue as the Post-65 retiree's health insurance carrier offering a PPO and HMO Medicare Advantage plan. Retirees will see a decrease in premiums due to a temporary premium credit from Humana.
- Delta Dental and VSP will remain your dental and vision providers for 2021.
- Fitness memberships will continue to be offered through Riverside Wellness and Fitness, Onelife Fitness and the Peninsula Metropolitan YMCA.
- The City is transitioning life insurance to MetLife effective January 1, 2021. Additional information about this change will be sent separately via mail.
- **If you want to keep the same coverage you had in 2020, no action is needed.**

## 2021 Retiree Plan Rates

### Optima Health – Pre-65 Medical

POS 750/35/20%	CITY PAYS	RETIREE PAYS*
Single	\$ 425.70	\$ 556.50
Single + 1 Child	\$ 690.99	\$ 907.02
Single + Spouse	\$ 968.61	\$ 1,273.04
Family	\$ 1,169.13	\$ 1,515.57

POS 1500/40/20%	CITY PAYS	RETIREE PAYS*
Single	\$ 425.70	\$ 507.40
Single + 1 Child	\$ 690.99	\$ 827.11
Single + Spouse	\$ 968.61	\$ 1,160.95
Family	\$ 1,169.13	\$ 1,381.31

Equity POS HDHP 2800/20%	CITY PAYS	RETIREE PAYS*
Single	\$ 425.70	\$ 331.69
Single + 1 Child	\$ 690.99	\$ 541.25
Single + Spouse	\$ 968.61	\$ 759.97
Family	\$ 1,169.13	\$ 901.07

### Humana Medicare Advantage Post-65 Medical

PLAN	CITY PAYS	RETIREE PAYS*
PPO	\$ 264.32	\$ 44.90
HMO	\$ 244.27	\$ 35.13

### Delta Dental – Dental

PPO + PREMIER	CITY PAYS	RETIREE PAYS*
Single	\$ 21.99	\$ 12.57
Single + 1	\$ 37.84	\$ 23.31
Family	\$ 66.03	\$ 37.66

### VSP - Vision

CHOICE	
Single	\$ 7.50
Single + 1	\$ 11.60
Family	\$ 20.00

### Fitness Centers

YMCA	
Single	\$ 30.00
Single + Spouse	\$ 50.00
One Adult + Children	\$ 53.00
Family	\$ 58.00

ONE LIFE FITNESS	
Single	\$ 25.00
Single + Spouse	\$ 50.00

RIVERSIDE WELLNESS & FITNESS CENTER	
Single	\$ 28.00
Single + Spouse	\$ 56.00

**\*The retiree premiums published are for qualified NNERF retirees who receive 100% of the city's contribution.**

**More information on plans and rates can be found at: [www.nnva.gov/retirement](http://www.nnva.gov/retirement).**



# City of Newport News

Department of Finance  
2400 Washington Avenue  
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### Open Enrollment Presentations

These sessions will provide you with details on the benefit plans, options and costs for next year. **Due to COVID-19 all meetings will be held virtually with all meetings being recorded and posted on the city's website.**

### Pre-65 Retirees (Optima Health)

**October 27, 2020, 10 a.m. & 2 p.m.**

**November 5, 2020, 10 a.m. & 2 p.m.**

**Visit [www.nnva.gov/retirement](http://www.nnva.gov/retirement) to register for these meetings.**

### Post-65 Retirees (Humana)

**November 10, 2020, 1 – 2 p.m.,**

Meeting link: [huma.na/CONN1](https://huma.na/CONN1)

Password: Conn1

Access code: 130 813 3094

**November 12, 2020, 10 – 11 a.m.,**

Meeting link: [huma.na/CONN2](https://huma.na/CONN2)

Password: Conn1

Access code: 130 030 2239