

Open Enrollment Forums

These forums will provide you with details on the benefit plan options, changes and premium information for next year. The same information will be presented at all sessions, and spouses are welcome to attend.

- **Tuesday, Oct. 1, 8:30am, 1:00pm & 6:00pm** - City Hall, City Council Chambers
- **Wednesday, Oct. 2, 7:00am & 9:00am** - Public Works Stormwater/Wastewater Annex
- **Thursday, Oct. 3, 8:30am & 1:00pm** - Rouse Towers, Human Services Conference Room, 9th Floor
- **Monday, Oct. 7, 8:30am, 1:00pm & 6:00pm** - City Center, James Room
- **Wednesday, Oct. 9, 8:30am** - Police Headquarters, Community Room
- **Thursday, Oct. 10, 7:00am & 9:00am** - Waterworks, Lee Hall Operations Center



An Optima Health dedicated website located at www.optimahealth.com/nva is available with resources to help you make the most of your new plan.

Optima Health Member Services is available to answer your questions by phone 757-552-7110 or 1-800-229-1199; Monday-Friday between the hours of 8:00 a.m.-6:00 p.m.