



2019

RENEW EMPLOYEE WELLNESS FAIR

- 📍 Financial Wellness Sessions
- 🍷 Food Tastings
- 🏃 Group Exercise Classes
- 🩺 Free Biometric Screenings
- 📄 Information on VRS, VRS Hybrid, NNERF & Medicare
- 🛍 Vendors, samples, giftbags, and more!

May 2, 2019

9:00 AM – 2:00 PM

Brittingham-Midtown

Community Center

570 McLawhorne Drive,

Newport News, VA 23601

Sponsored by



8 DIMENSIONS OF WELLNESS



SPIRITUAL



PHYSICAL



SOCIAL



FINANCIAL



INTELLECTUAL



EMOTIONAL



ENVIRONMENTAL



OCCUPATIONAL

Register for the fair and free biometric screenings via the *Training Opportunities* tab under Munis Employee Self-Service and receive your QR admission code.

www.nnva.gov/1557/Employee-Wellness-Programs