Disposal of Home Pharmaceuticals

**Step 1.** Remove the medications from the pill bottle and put them in a container with a lid or into a sealable baggie. Try not to handle the medications. If the medication is solid, crush it or add water to dissolve it.

**OR**

**Step 2.** Mix in something to make medications “undesirable” (kitty litter, coffee grounds) to pets and children. As an added safety precaution, place the baggie in another sealable container.

**Step 3.** Throw in trash

**Step 4.** Remove or cover identifying info on pill bottle before discarding.

**Remember!**

*Please do not dispose of medications to the sink or toilet!*

THANK YOU for helping to keep Virginia waters clean!