

**Phone**  
757-591-4573

**Address**  
570 McLawhorne Drive  
Newport News  
VA 23601

**Website**  
www.nnparks.com

NN Aquatic Division

**Program & Event Schedule**  
**Aquatic Center**

Brittingham-Midtown Community Center

**Hours of Operation**

Mon-Fri  
7:30am-7:30pm

Closed daily  
1:00-1:30pm  
For disinfecting

Saturday  
9:00am-2:00pm

Sundays—Closed



**SEPTEMBER 2020**

Sun	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>During this <b>COVID 19</b> pandemic, the Aquatic Center is <b>operating with different</b> program structure, <b>reduced</b> occupancy in lanes, on deck, and in the locker rooms. See monthly calendar and <b>Phase III policies for specifics.</b></p>	<p>1 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-7:30p  Family Swim 3:00-6:00p Closed 7:30pm</p>	<p>2  <b>Facility Closed</b></p>	<p>3 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-7:30p  Family Swim 3:00-6:00p Closed 7:30pm</p>	<p>4 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  <b>Closed 1:00p</b></p>	<p>5  <b>Facility Closed</b></p>
6	<p>7 <b>Labor Day</b>  <b>Facility Closed</b></p>	<p>8 Lap Swim 7:30a--1:00p WF Classes <del>8:30-10:30a</del>  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-7:30p  Closed 7:30pm</p>	<p>8 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-7:30p  Closed 7:30pm</p>	<p>10 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-7:30p  Closed 7:30pm</p>	<p>11 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-7:30p  Closed 7:30pm</p>	<p>12 Lap Swim 9a - 2p CGBD Team 9-11:30a  Family Swim 12--2p <b>Closed-- 2:00p</b></p>
13	<p>14 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>15 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Synchro 5:30-7:15p Closed 7:30pm</p>	<p>16 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>17 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p K2 Diving 6:00-7:30p Closed 7:30pm</p>	<p>18 Lap Swim 7:30a--1:00p MIRT 9:00a-4:00p WF Classes 8:30-10:30a Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>19 Lap Swim 9a - 2p CGBD Team 9-11:30a  K2 Diving 11:45a-2p UWHockey 11:45-1:45 Family Swim 12--2p <b>Closed-- 2:00p</b></p>
20	<p>21 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>22 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Synchro 5:30-7:15p Closed 7:30pm</p>	<p>23 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>24 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p K2 Diving 6:00-7:30p Closed 7:30pm</p>	<p>25 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>26 Lap Swim 9a - 2p CGBD Team 9-11:30a  K2 Diving 11:45a-2p UWHockey 11:45-1:45 Family Swim 12--2p <b>Closed-- 2:00p</b></p>
27	<p>28 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>29 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Synchro 5:30-7:15p Closed 7:30pm</p>	<p>30 Lap Swim 7:30a--1:00p WF Classes 8:30-10:30a  Closed-disinfecting 1:00-1:30p Lap Swim 1:30-4:00p Adult Lap Swim 4:00-7:30p  CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p><b>Aquatic Division Mission Statement</b> <b>Protect Lives Provide Opportunities Promote Health</b></p> <p>Aquatic Center continues operating with abbreviated hours and COVID 19 protocols: <u>Wear</u> face covering, <u>Wash</u> hands often <u>Practice</u> 6 feet distancing, <u>Stay</u> home if sick</p> <p>Locker room showers and lockers unavailable</p>		

Lane availability is limited; during 4:00-7:30pm for Members only (annual, college, or punch pass holders)

# City of Newport News Parks and Recreation Aquatics Division

## Brittingham-Midtown Aquatic Center (BMAC)

**Aquatic Division Mission:** Protect Lives Promote Health Provide Opportunities

**Protecting** staff and patrons with scheduled closures for cleaning and disinfecting!

**Providing** a clean and safe swimming pool for fitness and health



**Updated** protocols for **Phase III** as recommended by CDC & VDH **beginning September 8, 2020**

1. Aquatic Center **operational hours**:
  - a. **Monday – Friday** 7:30am—7:30pm
  - b. **Closed daily 1:00-1:30 for disinfecting**
  - c. Saturdays **9:00am-2:00pm**
2. Aquatic Center is open for:
  - a. **Lap swim**—for people traversing the pool from wall to wall, while performing various strokes, mostly horizontal throughout. One person per lane, except persons who live in same house can share a lane. During **peak usage times**, 4:00-7:30pm, for **Adult Lap Swim only** (13 yrs & up).
  - b. **Fitness**—designated shallow end lanes for those who are mainly vertical, walking, jogging, travelling or stationary. One person per lane, except persons who live in same house. Available for persons 13 and older. Designated fitness lanes are not available for family swim or for children under 13 years.
  - c. **Family Swim**—for families with children of various ages to swim and play. One family per lane up (more information below).
  - d. **Classes**—Instructor lead programs allowing multiple people in a lane as physical distancing controlled and directed by instructor
  - e. **Group rentals**: teams and clubs (utilizing reduced lane occupancy, enforcing required distancing)
  - f. See **monthly calendar** for specific days and times of programs listed above
3. Adhering to safety guidelines, the Aquatic Division has **reduced the number of persons** allowed in lane, the **number of persons allowed on deck**, and in locker rooms, and **restructured classes** to maintain appropriate distancing.
4. Due to reduced occupancy **lane space is limited** and is **available on first-come-first-serve** basis. If all designated lanes are occupied for the program you want to do, you will have to wait, even if other lanes are open.
5. If all lanes are occupied during the **hours of 7:30am-4:00pm** you **may wait inside Aquatic Center** sitting in bleachers, but must maintain 10 feet distance and keep face covered.
6. **Between 4:00-7:30 pm**, peak usage time, Lap Lanes are **for Adult card members** (yearly and punch pass) only, no daily pass. If all lap and/or fitness lanes are occupied, patrons may wait for next available lane, but must **wait outside Aquatic Center**. Register on the “waitlist” at Aquatic Desk by giving name and cell number to APA, and they will call as soon as lane opens.
7. **Patrons from the same household can share a lane**
8. One family per lane, (up to five people in lane at a time), during Family Swim times; “family” defined as people living in same household
9. Face covering required while in building; in locker rooms, walking on deck. Take off before getting in water.
10. When facility **closes** for disinfecting:
  - a. Guards will blow whistle to clear pool, all patrons must exit pool, deck, and locker rooms
  - b. Patrons can return, once pool is reopened

11. Patrons must exit through locker room doors into hall way; do not exit through Aquatic Center hallway
12. Limited equipment is available for use
  - a. Kick boards are available, will be disinfected after each use
  - b. Fitness barbells are available upon request, will be disinfected after each use
  - c. Fins, pull buoys, jog belts, and noodles **are not** available
13. **Locker rooms limited use: (please keep face covered while in locker rooms)**
  - a. Showers inside locker rooms **are not** available for use at this time. Patrons can rinse off with deck shower, but no soap washing
  - b. Lockers **are not** available, no access. Please take all your belongings on deck with you; we are not responsible for personal items, **things of value should stay secured in your vehicle**
  - c. Can use toilets, sinks, and benches for changing
  - d. Maintain physical distancing, one person in each section while changing
14. **Bleachers** are available, but with restrictions
  - a. First two rows available for use for personal belongings
  - b. Exception, young lap swimmers, 12 and under, must have a parent in the building with them; therefore parent can sit on bleacher directly behind lane their child is swimming laps
15. **Family Swim** is available **Saturdays 12:00-2:00pm**
  - a. **Defined** as “members of various ages living in **same household**, residing at same residence”
  - b. Only **one family per lane**, up to 5 members in water at one time (can tag-team if more than 5)
  - c. Families must stay in one lane throughout their visit
  - d. Number of “Family” lanes is limited; available first-come-first-serve basis
  - e. **If all “Family Lanes” are occupied**, a family **may wait** for one to open and must wait **outside Aquatic Center**. Give name and cell number to Aquatic staff, they will call if/when lane becomes available.