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FOR HEALTHY LIVING  
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## PENINSULA METROPOLITAN YMCA LOCATIONS

<b>GREATER WEST POINT FAMILY YMCA</b> 3135 King William Avenue, West Point, VA 23181	<b>804 843 3300</b>
<b>HAMPTON FAMILY YMCA</b> 1 YMCA Way Hampton, VA 23669	<b>757 722 9044</b>
<b>LUTER FAMILY YMCA</b> 259 James Street, Smithfield, VA 23430	<b>757 365 4060</b>
<b>MATHEWS FAMILY YMCA</b> 10746 Buckley Hall Road, Mathews, VA 23109	<b>804 725 1488</b>
<b>MIDDLESEX FAMILY YMCA</b> 11487 General Puller Highway, Hartfield, VA 23071	<b>804 776 8846</b>
<b>NEWPORT NEWS FAMILY YMCA</b> 7827 Warwick Boulevard, Newport News, VA 23607	<b>757 245 0047</b>
<b>NORTHERN NECK FAMILY YMCA</b> 39 William B. Graham Court, Kilmarnock, VA 22482	<b>804 435 0223</b>
<b>NORTHUMBERLAND FAMILY YMCA</b> 6348 Northumberland Highway, Heathsville, VA 22473	<b>804 580 8901</b>
<b>R.F. WILKINSON FAMILY YMCA</b> 301 Sentara Circle, Williamsburg, VA 23188	<b>757 229 9622</b>
<b>RICHMOND COUNTY FAMILY YMCA</b> 45 George Brown Lane, Warsaw, VA 22572	<b>804 333 4117</b>
<b>VICTORY FAMILY YMCA</b> 101 Long Green Boulevard, Yorktown, VA 23693	<b>757 867 3300</b>
<b>WESTMORELAND FAMILY YMCA</b> 18849 Kings Highway, Montross, VA 22520	<b>757 867 3300</b>

## SOUTH HAMPTON ROADS YMCA LOCATIONS

<b>ALBERMARLE FAMILY YMCA</b> 1240 N. Road Street, Elizabeth City, NC 27909	<b>252 334 9622</b>
<b>BLOCKER NORFOLK FAMILY YMCA</b> 312 West Bute Street, Norfolk, VA 23510	<b>757 622 9622</b>
<b>CURRITUCK FAMILY YMCA</b> 130 Community Way, Barco, NC 27917	<b>252 453 9622</b>
<b>EASTERN SHORE FAMILY YMCA</b> 26164 Lankford Highway, Onley, VA 23418	<b>757 399 5511</b>
<b>EFFINGHAM STREET FAMILY YMCA</b> 1013 Effingham Street, Portsmouth, VA 23704	<b>757 399 5511</b>
<b>GREAT BRIDGE/HICKORY FAMILY YMCA</b> 633 South Battlefield Boulevard, Chesapeake, VA 23322	<b>757 547 9622</b>
<b>GREENBRIER FAMILY YMCA</b> 1033 Greenbrier Parkway, Chesapeake, VA 23320	<b>757 547 9622</b>
<b>HILLTOP FAMILY YMCA</b> 1536 Laskin Road, Virginia Beach, VA 23451	<b>757 422 3805</b>
<b>INDIAN RIVER FAMILY YMCA</b> 5660 Indian River Road, Virginia Beach, VA 23464	<b>757 366 0488</b>
<b>JAMES L. CAMP, JR. FAMILY YMCA</b> 300 Crescent Drive, Franklin, VA 23851	<b>757 562 3491</b>
<b>MT. TRASHMORE FAMILY YMCA</b> 4441 South Boulevard, Virginia Beach, VA 23452	<b>757 456 9622</b>
<b>OUTER BANKS FAMILY YMCA</b> 3000 South Croatan Highway, Nags Head, NC 27959	<b>252 449 8897</b>
<b>SUFFOLK FAMILY YMCA</b> 2769 Godwin Boulevard, Suffolk, VA 23434	<b>757 934 9622</b>
<b>TAYLOR BEND FAMILY YMCA</b> 4626 Taylor Road, Chesapeake VA 23321	<b>757 638 9622</b>

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